

## Lord Jesus Christ!

**Lord:** Jesus is the absolute master and creator and owner of the entire universe. He is master and we are His servants.

**Jesus:** this name means “God is Salvation”: Jesus saves people from their sins. Jesus is the human name of God the Father’s Son. It shows that He is fully human as well as fully God.

**Christ:** This means “Anointed One” – it also means “Messiah” – it is the title of the Saviour.

## My Lord and my God!

The Word of God became a man. By doing this He transformed what it meant to be a human. He made humankind the Temple of the Holy Spirit. He even took His humanity into heaven! The nearer you come to God, the more like God you become, the more human you become too. In a world where what it means to be a human has been almost lost we can recover it by coming close to the God who made us.

## The Gospel

The closest thing to the heart of God is His love for you and His longing to have you back with him. Turn to Him and start heaven now.

## Remember to pray when you think about Jesus Christ our Lord and Saviour.

Lord Jesus Christ, Son Of God, have mercy upon me the sinner!

Christ is risen from the dead, trampling down Death by death and upon those in the tombs bestowing life!

Christ God, at every time and at every hour, in heaven and on earth worshipped and glorified, long-suffering, great in mercy, great in compassion, loving the just and merciful to sinners, calling all people to salvation by the promise of the blessings to come; do you, Lord, yourself accept our prayers at this time, and direct our lives to your commandments. Sanctify our souls, purify our bodies, correct our thoughts, cleanse our ideas and deliver us from every distress, evil, and pain. Wall us about with your holy Angels, that protected and guided by their host we may reach the unity of the faith and the knowledge of your unapproachable glory; for you are blessed to the ages of ages. Amen.

Christ, the true light, who enlightens and sanctifies everyone who comes into the world, may the light of your face shine upon us, that in it we may see your unapproachable light; and direct our steps to the doing of your commandments; at the intercessions of your most pure Mother and of all your Saints. Amen.



# JESUS

**Follow Him!**

## **Jesus in the Old Testament**

Right at the start of the Bible we hear about God the Father saying "Let there be Light". The Word of God Himself is Jesus Christ so Christians believe that Jesus was there at the start of all things. God (Jesus) walked with Adam and Eve in the Garden of Eden, Jesus spoke to Moses from the bush that didn't burn and gave him the command to speak to Pharaoh on his behalf. Later Jesus appeared to Elijah in the still small voice of calm.

We find Jesus mentioned in the Psalms (for example Psalm 1: the "Man" is of course The Lord). In the Prophet Isaiah we find the Lord being spoken of constantly – most famously in Isaiah 53 – where he is the Suffering Servant.

So we believe that Jesus is God from before time – indeed outside and Master of time and Creation.

## **Jesus in the New Testament.**

In about 4/6 BC Jesus was born in Bethlehem a small place not far from Jerusalem. He was taken to Egypt by his mother and Joseph (his mother's husband) as a refugee from a wicked king and from there moved back to the Holy Land to a small place called Nazareth.

We next hear of Him teaching the teachers in the Temple at Jerusalem: for a boy of 13 years he amazed the teachers with His abilities.

Somewhere round the age of 30 to 35 Jesus was baptised by the Prophet John. He then became to proclaim saying "repent: the Kingdom of Heaven is at hand."

He worked miracles (signs) and was very critical of those in power. This caused great anger amongst the powerful and rich who arranged for a disgraceful death by crucifixion. He died in front of many witnesses.

On the third day, when the women disciples went to bury him properly

they were amazed to find that the tomb was empty. For the next forty days Jesus appeared at different times to different disciples and to some large groups. He was not a ghost! They could touch him, he ate food with the disciples and he explained many things to them.

One of His followers, The Apostle Thomas, did not believe that Jesus had risen from the dead. Jesus appeared to Thomas in front of the other Apostles and showed him His hands and feet and the wound from the spear in His side. Apostle Thomas said and did something very important then: he said "My Lord and my God!" and he offered Jesus worship that is only due to God. Jesus did not stop him from doing either of these two things.

After forty days he commanded the disciples to go throughout the world and baptise everyone in the name of the Father and the Son and the Holy Spirit. He then told them to remain in Jerusalem until the Holy Spirit was given to them and He was then lifted up and disappeared from their sight.