

Antiochian Orthodox Christian Archdiocese of the British Isles and Ireland

The Orthodox Christian Parish of
All Saints of Lincolnshire
With St. Aethelheard, Louth and Sts Marina and Kenelm, Grimsby.
meeting at
St Matthias Church Centre
Burton Road, Lincoln, LN1 3TX
Archbishop: Metropolitan SILOUAN.

Come and See!

No 153

June 2018

From Fr. Philip:

First Aid:



This may look like a deliberate act of torture on an otherwise innocent dummy (or on Fr. Philip) but it was Part One of the First Aid Course. Part Two will be on 2nd June in the hall from 11am to 1pm. It was worthwhile, interesting and very informative. It was also (unexpectedly) FUN! Our tutor was excellent: clear, concise and humorous.

Receiving Holy Communion:

It is expected that Christians should receive Holy Communion frequently (in consultation with their Spiritual Fathers of course). You'll see that the children receive communion regularly,

so should we all! The excuse, "I am not worthy" is a false one. No one is worthy of so great a gift but God **MAKES** it possible for you to receive and in doing so heals your body and soul, forgives your sins and brings you to eternal life.

You need to **prepare**, you need to **concentrate**, and you need to **give thanks** afterwards. These are reasons why it is important that it is within the Church where these things take place.



Make a
Joyful noise
Unto The
Lord!

*Not a terrible
din....:*

Please try to keep noise to the minimum in Church. You should join in the singing if you can, you should light candles, hand in names for the Proskimide and all those other things that are needful. Please do not chat or gossip. Please deal with crying children thoughtfully – children are always most welcome as you know.

Approaching the Chalice:

When you come to Communion do the following:

1. Come close. About 10cm away from and level with the chalice is fine.
2. Open your mouth! The priest cannot put Communion into a

closed mouth.



3. Lift your head and tilt it slightly backwards so the priest can see your mouth. (But don't tilt so far backwards that you look like a baby bird!)
4. Be gentle.
5. There is no need to kiss the chalice afterwards – you become the chalice as soon as you receive.
6. Please don't kiss the priest's hand at that point either. You have received Communion – there is nothing worthier of veneration than you at this moment.
7. Take some of the antidoron (and a sip of wine if that is your custom) and quietly return to your place.

Children: Followers!



(Sunday Class)

Matushka Annis needs some help with the youngest group of children (up to the age of 5). This group learns very differently from the others and cannot really join in the things that the slightly older ones are doing.

Singing



Last month you were invited to sin in the choir! Thank Goodness no-one volunteered for this. However we do need singers. Please see Natasha Taylor or Fr. Philip. If the choir practice time is not convenient for you say so and we'll see what can be arranged.

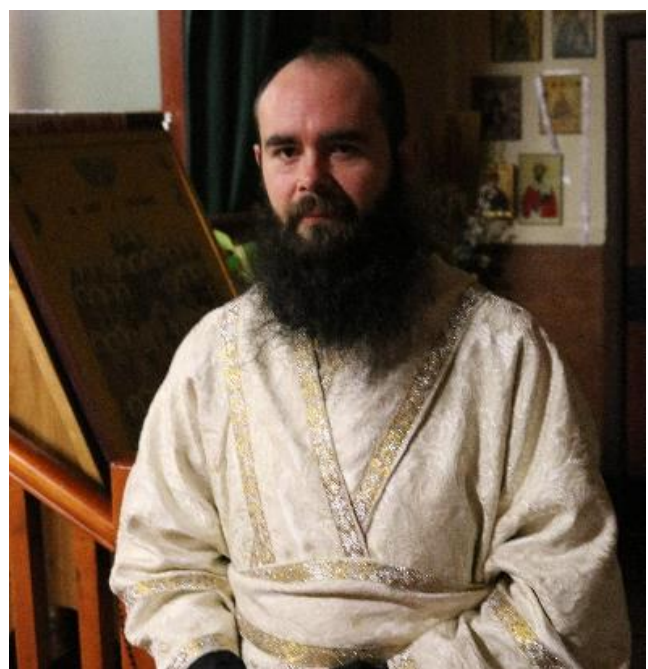
After the Liturgy we need help stacking chairs and putting things away. (This job is soon to be obsolete as we are phasing out letting the hall)

- putting away chairs (See Steve).
- the tea and coffee and washing up on Sunday or cleaning the Church (See Eleni).
- Serving in the Altar (See Subdeacon Fanourios).



What about helping with the Church Garden? This is a lovely and necessary job.

Grass cutting: see Phillip Garfoot who usually does this. Flowers: see Matushka Annis.



Calendar for June 2018.

The Church will NOT be open on Wednesdays during June.

June 2nd: Saturday. 11am – 1pm Part two of the First Aid Course.

June 2nd: Saturday. Great Vespers 6pm. (Confessions).

June 3rd: SUNDAY 9.15am Matins. 10am Divine Liturgy. 1st Sunday after Pentecost. All Saints. Tone 8.

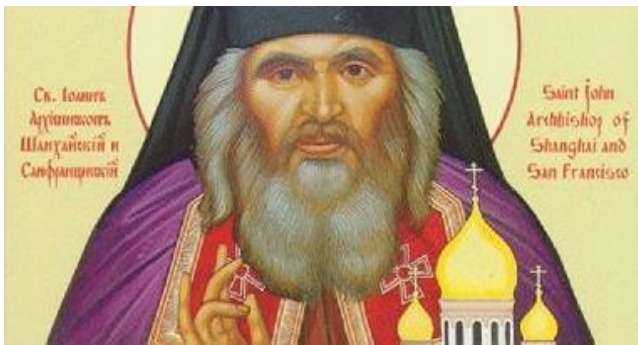
7th: Thursday 2pm-3pm: Choir practice in the Hall.

9th: Saturday. Great Vespers 6pm. (Confessions).

10th: SUNDAY 9.15am Matins. 10am Divine Liturgy. 2nd Sunday after Pentecost. All Saints of Britain. St John Maximovitch. Tone 1.

14th: Thursday 2pm-3pm: Choir practice in the Hall.

16th: Saturday. Great Vespers 6pm. (Confessions).



17th: SUNDAY 9.15am Matins. 10am Divine Liturgy. 3rd Sunday after Pentecost. All Saints of Lincolnshire. Tone 2.

20th: Thursday 2pm-3pm: Choir practice in the Hall.

23rd: Saturday. Great Vespers 6pm. (Confessions).

24th: SUNDAY 9.15am Matins. 10am Divine Liturgy. 4th Sunday after Pentecost. The Nativity of the Forerunner and Baptist John. Tone 3.

28th: Thursday 2pm-3pm: Choir practice in the Hall.

28th: 6pm Divine Liturgy. The Holy Glorious and All-praised Leaders of the Apostles Peter and Paul.

30th: Saturday. Great Vespers 6pm. (Confessions).

1st July: SUNDAY 9.15am Matins. 10am Divine Liturgy. 5th Sunday after Pentecost. Cosmas and Damian.

5th: Thursday 2pm-3pm: Choir practice in the Hall.

7th: Saturday. Great Vespers 6pm. (Confessions).

As well as these services there are services in our sister parishes as follows:

All at 10.30am

3rd June: Louth

10th: Grimsby: Archimandrite Philip

17th: Louth

24th: Louth

24th: Worcester: Archimandrite Philip

AGM 2018

AGM: When?

The Annual General Meeting is coming up on 15th July.



Metropolitan SILOUAN

<http://www.antiochian-orthodox.co.uk/>

Parish Priest: Fr. Philip, 01522 681791 email: Fr.Philip@gmx.com

<https://www.facebook.com/Fr.Philip> twitter.com/FrPhilip

<http://www.ancientfaith.com/podcasts/comeandsee>

<https://www.youtube.com/channel/UCfWMAefJYqFEZkYiK2WmeEw>

Assistant Priests: Fr. George, 01522 533854, fathergeorge@macace.net

Fr. Alban, 07397 220728, father.alban@gmail.com

Newsletter Editor: Fr. Philip.

St Matthias Church Centre, Burton Road, Lincoln, LN1 3TX

Parish Website: www.allsaintslincs.org.uk

www.facebook.com/groups/AllSaintsLincoln/

www.facebook.com/COG.Lincoln

www.youtube.com/channel/UCfWMAefJYqFEZkYiK2WmeEw

Safeguarding Officers for Lincoln, Louth and Grimsby Communities:

Emma Bonner and Svetlana Simpson (Assistant)

Kidnapped Bishops:



Pray, love, forgive!

Metropolitan JOHN and Metropolitan PAUL are still missing.

It is now 5 years 2 months since the tragic abduction by terrorists of their Eminences Metropolitan Paul and Archbishop John, both of Aleppo in Syria.

It is hard to believe that it is so long since their kidnapping. It remains

entirely shocking that they have not been released and that no word of them has been received. Certainly, there will be those in the International Community who will know exactly where they are but they remain silent.

We pray for the forgiveness of those who did this and so many other wicked acts in Syria and Iraq and for the bishops' safe return to their families and the Church. Lord have mercy!

Don't forget to pray and act for peace: live a loving and forgiving life.



Monday 9th July, 7.00 for 7.30 pm - **Lincoln Interfaith Forum – Invited Speaker:**

Fr George, Assistant Priest at the Antiochian Orthodox Church, Lincoln.

The meeting is held, as usual at The Friends Meeting House, corner of Park Street/Beaumont Fee, LN1 1UR.

Further information from:
linkinterfaith@hotmail.com.

Children's Space: Icon Colouring for June



Troparion — Tone 4

As with fine porphyry and royal purple,
Your church has been adorned with
Your martyrs' blood shed throughout
all the world. She cries to You, O

Christ God: Send down Your bounties
on Your people, Grant peace to Your
habitation, and great mercy to our
souls!

Kontakion — Tone 8

The universe offers You the God-
bearing martyrs. As the first fruits of
creation, O Lord and Creator. Through
the Theotokos, and their prayers
establish Your Church in peace!

**This month we consider Saints and
how we, like them, might grow
nearer to God.**

Read: Matthew 6:22-33,
10:32-33, 37-38; 19:27-30
WHAT DO YOU THINK?

1. God wants us to see clearly. He will help us know what is good and what is not. We can ask God to help us at any time.
2. When do you pray? Have you ever asked God to help you?
3. We learn what God wants when the priest reads from the gospel. How do you know when the priest is reading from the gospel?
4. God wants us to pray, and to live united to Him. When we celebrate the last supper, and receive Holy Communion, we are united to God then more than at any other time.
5. Who will Jesus remember before God? Who will He not remember?

6. What does Jesus say is hard to do? Why do you think it is the right thing to do?

7. Did you ever do something even though it was hard, because it was the right thing to do? What did you do?

8. What did Peter say he and the other disciples had left behind? Why did they leave it?

9. What did Jesus say will happen to those who leave everything to follow Him?



hard.

10. Ask your parents or godparents to tell about a time when they followed God even though it was



Electoral Roll:

You will have seen the advert for the AGM.

It is important to get your name added to the Electoral roll because this gives you a right to have your say in the running and future of this parish and



mission. So PLEASE fill in an Electoral Roll form in the Narthex (the Green Room as you enter the building.



THANKSGIVING

In this Parish we don't have a membership fee, we don't charge for any of our services, we don't even have a fixed charge for things like candles. This does not mean that we don't need money to run the Church.

This costs about £30,000 a year (and we don't pay the priests – paying only part of their expenses).

If you'd like to support the work of God financially then please complete the form on the back page or one in the narthex and send it to the Administrator in the Church.





More News:

We will no longer be hiring out the Hall to groups and societies from the beginning of September. This is mainly so that we can make use of the Temple in its proper way ALL OF THE TIME!

It will be sad to break links with some special people who have hired the hall, and the important and desirable contact with those who are not Orthodox. However, we also need to consider the proper use of a place that is dedicated and will be increasingly dedicated to the worship of God. As time goes by this will mean that we will be able to open the Church more frequently for prayer, decorate it more splendidly and use it more constructively as a base for mission and evangelism.



Thanksgiving Offering:

NAME.....

ADDRESS.....

.....

.....

.....

PHONE
NUMBER

I promise to try and give to the Church and to God's work in this parish

Every week/month (*delete*) the sum of
£.....

Choose **one** of the following:

- I would like to pay by weekly envelope as I am a UK taxpayer
- I would like to pay by standing order from my Bank
- I would like to use the collection plate

Signed.....

Date.....

Put this in an envelope and take it to church.